



## Coach Chronicle

April 2007

Welcome to the BCWBS Coach Chronicle. You are receiving this publication because you are a valued member of the BC Wheelchair Basketball Society. To submit information to the Coach Chronicle please email [marni@bcwbs.ca](mailto:marni@bcwbs.ca) by the 15<sup>th</sup> of the month.

### **Spring BCWBS Grant deadline is coming up April 1<sup>st</sup>, 2007**

BC Wheelchair Basketball annually offers a grant program. To be eligible, applications must be submitted by a recognized BCWBS club/team whose members are current members of BCWBS. Applications from individuals will not be accepted, unless it is focused on the development of a new program. Application information is on the BCWBS website at [www.bcwbs.ca](http://www.bcwbs.ca)

### **PacificSport Coaches' Breakfast - Vancouver**

Thursday April 5<sup>th</sup> at the West End Community Centre at 870 Denman Street (street parking is available in the area). Doors will open at 7:00am with light breakfast foods available and the seminar will take place from 7:30-8:30. The speaker for this Breakfast will be Dr. Jack Taunton, Chief Medical Officer for the 2010 Olympics. Dr. Taunton will be speaking on "Knee Injuries in Sport". Pre-registration is required and spaces are limited, so if you would like to attend this event, please contact Janet Filipenko at [vancouver@pacificsport.com](mailto:vancouver@pacificsport.com) by Monday April 2<sup>nd</sup>.

### **Okanagan SportMap Primer**

The SportMap Primer is a one day Sport Conference for coaches, athletes and parents designed to provide sport education opportunities and hands-on training skills. The Primer will bring together a team of sports experts to offer interactive seminars on a variety of topics including: BC Sport System, Mental Preparation, Athlete Testing, Injury Prevention, Nutrition & Supplements, Athlete Marketing ... and much more. To register, please call (250) 490-2426.

Event Date: April 14, 2007, 9:30 AM - 3:30 PM - Penticton Community Centre  
325 Power Street

## **2007 Coaching Conference and Officials Symposium - Nanaimo**

The Coaching Conference stream includes the Keynote address by Richard Way and the choice of workshop options plus a luncheon.

Workshop option 1: Long term athlete development      or      Strength Training  
Workshop option 2: Performance Analysis                      or      Sport Nutrition

The Officials Symposium stream includes the Keynote address by Richard Way, Recruiting, Training and Retaining presentation by Mike Walker and the expert panel 'shotgun' presentations followed by Q & A and brainstorming session. Luncheon is included. Saturday April 21, 2007 8:00am - 1:00pm at Malaspina College, for more information and registration contact: Drew Cooper Tel: 250-753-3245 ext.2072

## **New Federal Budget Presented**

On 19 March 2007, Finance Minister Jim Flaherty presented the Conservative Government's second budget to the House of Commons. The theme of the budget was: "Aspire." More specifically: "Aspire to a Stronger, Safer, Better Canada." In his conclusion, Flaherty stated: "our actions today will create the Canada [that future generations] will enjoy tomorrow – a Canada with a standard of living and quality of life that are second to none." A good way to make sure the above Canada is realized is funding for sport and recreation, which results in a higher level of health in the population, which results in an improved quality of life-and that is something to which we can all aspire. More information can be found at: [www.fin.gc.ca](http://www.fin.gc.ca)

## **2007 Canada Winter Games**

From 23 Feb 2007 to 10 March 2007 Canadian athletes gathered in Whitehorse to participate in the 2007 Canada Winter Games. The games lasted 16 days and involved 1, 656 athletes and 686 coaches/managers participating in 21 sports at 10 venues. These games marked the 40th anniversary of the Canada Games. The sport of wheelchair basketball was represented at the games with nine provinces playing a modified round-robin tournament. Team BC finished the tournament in a three-way tie for 5<sup>th</sup>. The team performed very well and thoroughly enjoyed the Canada games experience.

## **Coaches: Complete the Online Make Ethical Decisions Evaluation**

All coaches must complete this evaluation after completing the Make Ethical Decisions module in the Introduction to Competition Part A course. Once you have received your Coaching Certification (CC) number (approx. 6 weeks after you have completed the course. The Evaluation is located on the Coaching Association of Canada's website at [www.coach.ca](http://www.coach.ca)

## **Tip of the Month: Evaluation**

The Coaches Association of BC has now developed a user-friendly system to evaluate all levels of coaches in British Columbia. The coaching evaluation tool is designed for all coaching levels, from the community/recreation coach all the way to the professional coach. The CABC has created three template evaluations as well as a self-evaluation that allows coaches to assess their skills in a variety of areas. All of the evaluation forms including the self evaluation form can be saved and/or printed from our website.

The CABC has developed a set of evaluation tools that are now available to the public and various sports organizations for the assessment of their coaches. Please note: We encourage that these forms be completed by the athletes, individually. If assistance is required, it would be suggested that athletes fill out the forms with the help of their parents or guardians. Remember that although parents/guardians may have some input, the evaluations are to be filled out based on what the athlete believes. After the evaluations have been completed, they should be collected by an impartial party and returned to the club's head coach, technical director or administrator, or the appropriate individual, for review. Results should then be tallied and the information should be recorded and given back to the coach. These evaluation tools have been divided into four categories: Community/Grassroots Level Coach; Competitive Level Coach; High Performance Level Coach; Self Evaluation for Coaches; Coach Evaluation by an Athlete. To access these evaluation forms go to [www.coaches.bc.ca](http://www.coaches.bc.ca)

**BCWBS Coach Chronicle Archives are available on the BCWBS website at  
[www.bcwbs.ca](http://www.bcwbs.ca)**

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