



Coach Chronicle

May 2007

Welcome to the BCWBS Coach Chronicle. You are receiving this publication because you are a valued member of the BC Wheelchair Basketball Society. To submit information to the Coach Chronicle please email marni@bcwbs.ca by the 15th of the month.

PacificSport Coaches Breakfast

Coaches Breakfast on Thursday, May 3rd, 2007 from 7:00 am to 8:30 am at the Marpole Community Centre. We have an excellent speaker, Ron Mattison, who is a physiotherapist who has worked with a number of varsity, provincial and national teams. The topic of his presentation will be "Shoulder Injuries in Sport". Doors will open at 7am with Ron beginning his presentation at 7:30am. A light breakfast will be provided.

Please RSVP as soon as possible if you plan on attending as space is limited. Janet Filipenko, Athlete Coach Services Coordinator Tel: 604.730.7226

NCCP Introduction to Competition Part A Course – Prince George, BC

Course times: Friday, May 11 6pm-9pm & Saturday, May 12 9am-5pm

The National Coaching Certification Program (NCCP) prepares coaches for the responsibilities associated with coaching athletes of all ages and abilities. Training certification is based on coaching streams (community competition & instruction) and contexts that reflect different types of coaching. Within the competition stream, the theory context has been packaged in a new Competency Based Education and Training program that includes two 12-hour courses called "Introduction to Competition Part 'A' and Part 'B'". Part A modules include General Orientation, Ethical Coaching, Planning a Practice and Nutritional Advice.

Date

5/11/2007 - 5/12/2007

Location

College of New Caledonia - Room 2-502
3330-22nd Avenue

Contact Info

Kristen Harrott
Tel: (250) 614-7843
Email: kharrott@pacificsport.com

City: Prince George
Region: Northern BC
Province: British Columbia
Country: Canada

Registration: - \$90.00

NCCP Level 4 Tasks # 12 & 16- Planning and Periodization & Long Term Athlete Development Model, Kamloops, May 5 & 6, 2007

Presenter: Andy VanNeutegem Dates: May 5 & 6, 2007

Location: Thompson Rivers University Kamloops

For more information go to the Coaches Association of BC website at www.coaches.bc.ca

Growth, Maturation and Young Athletes Presentation

May 8th, 2007; Performing Arts Theatre at Capilano College

Dr. Robert M. Malina, PhD, FACSM (USA) will speak on a number of related topics including selection and development of talented young athletes, growth and maturation of young athletes, physical activity, growth and puberty. Dr. Malina is a recognized expert in this field and has extensive research experience in the field of physical growth and maturation of children and youth. Registration: 604-984-4901 or

conted@capcollege.bc.ca

SportmedBC Monthly Product Reviews

"Knowledge is power." This is the premise of the information provided in the Sportmedbc monthly product review. These product reviews are done by Jennifer Gibson. She is the full time dietitian and manager of SportMedBC's Total Sport Nutrition Program in Vancouver, BC. Jennifer conducts one-on-one counselling, team workshops, meal planning and onsite nutrition support for National, Provincial and International sports. She is the dietitian of record for many sport organizations including: Canadian Snowboarding Federation, Canadian Alpine Disabled Ski team, Softball Canada, Team BC, BC Alpine, BC Hockey, Vancouver Whitecaps soccer club and consults for the Sony Ericsson Women's Tennis Association Pro Tour. The Total Sport Nutrition program is also involved in sport nutrition research, resource development, student education and community sport nutrition support. Most recently she assisted the BCWBS Canada Games Juniors with their preparations for the 2007 Winter Games in Whitehorse. Jennifer is dedicated to ensuring athletes have access to the latest sport nutrition information, for more information check out their website at

www.sportmedbc.com

Basketball BC Online Newsletter by Coach Mike McNeill

This month's issue of The Coaches Clipboard is available on line at

www.coachesclipboard.ca. This month's issue includes a great interview with Mark Simpson, Sr. Boy's Coach at Dover Bay, the 2007 AAA champions, as well as an article on off-season training and Part 2 of A Coaches Self-Evaluation. Enjoy!!

Provincial Men's and Women's Team Prepare for National Championships

Manitoba Wheelchair Sports and the University of Winnipeg are the hosts for the 2007 National Wheelchair Basketball Championships. There will be seven Men's Provincial teams and five Women's CWBL club teams playing in this year's tournament May 18-21. Check out www.cwba.ca for the full tournament schedule and results. Following the championships will be the national men's and women's team selection camps. Good luck to all our BC athletes and coaches

LOCAL ATHLETE GOES FOR GOLD IN HOMETOWN

Three-time Paralympian and gold medal winner Paul Gauthier of Vancouver, B.C. is preparing to take on the world in his hometown at the 2007 Boccia World Cup. The competition is being held at BC Place Stadium May 9-19, 2007, and is the last internationally sanctioned event before the 2008 Paralympics in Beijing, China. The competition will include over 180 athletes from 26 countries, who compete in 4 different divisions. A top showing at the World Cup will ensure the BC athletes' place as one of the eight teams going to Beijing for the 2008 Paralympic Games. For more information or to volunteer go to www.cpsports.com

Coaching Tip:

Debriefing is the process used by coaches to encourage athletes to reflect on an experience and share their insights. You can adapt this technique for use in one-on-one coaching situations, especially after some positive or negative experience. Invite the athlete to think back on the experience and discuss lessons learned. Also discuss implications of the experience for future situations

BCWBS Coach Chronicle Archives are available on the BCWBS website at
www.bcwbs.ca

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